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Online Class Training – Class Descriptions

The Anti-Bias Approach (12 Clock Hours):

This training is designed to guide teachers and child care providers in implementing an anti-bias, multicultural approach in the class or program. This class will help them meet standards set by state quality initiatives and accreditation programs.

Bullies (2 Clock Hours):

Although bullying has been a problem for a long time, it is only recently that studies are showing the huge toll that it takes on the social and emotional lives of children. This class will help you understand why bullying occurs and give you techniques for responding to this behavior.

Every Child Is Unique (3 Clock Hours):

This training is designed for caregivers and educators of children of all ages. Students will learn how to recognize individual behavioral and learning styles and adapt learning activities and experiences appropriately.

Learning Through Play (5 Clock Hours):

This training is designed for caregivers and educators of children of all ages. Students will learn about the importance of play in the early childhood curriculum as well as ways to support and promote learning through play.

Autism in Your Child Care Setting (2 Clock Hours):

This is an introductory class that will introduce the student to children with autism. Students will learn specific guidelines for adapting their programs to meet the needs of these children, as well as strategies for communicating with parents and working with other professionals.

Caring for Yourself as a Child Care Provider (3 Clock Hours):

This training is designed to help child care providers avoid burnout. This training will help you learn how to care for yourself while caring for children.

The Impact of Violence on Young Children (3 Clock Hours):

This training class discusses the impact of direct and indirect exposure to violence on the development and well-being of young children. Ways to support children and promote coping skills will also be covered.

Managing Mixed Age Groups (5 Clock Hours):

This training is designed for child care providers who deal with different ages in the same setting. Participants will learn to manage mixed age groups in a child care setting.

Becoming Part of a Professional Team (2 Clock Hours):

This training is designed for both providers who are starting a new job and/or entering the child care field. Participants will learn the importance of professional behavior on the job and how to develop positive relationships with co-workers.

Developmentally Appropriate Practice (4 Clock Hours):

This training is designed for providers that are just learning about developmentally appropriate practices. This training will help them learn to apply this approach by selecting appropriate toys and art activities.

Infant and Toddler Care (4 Clock Hours):

This training will help you will help you develop a plan for the care and education of infants and toddlers, in light of current research pointing to the importance of the first three years of development.

Marketing Your Child Care Program (6 Clock Hours):

This training is designed for program owners and directors. This class features many concrete ideas and will guide participants in developing an effective marketing and promotion strategy for their program.

**Observing Children
(3 Clock Hours):**

This is an introductory class that will introduce using observation in a child care setting. Observation of children is an important skill to learn. It will help you build your general knowledge of children as well as contributes to your understanding of individual children.

**Preschool Math
(3 Clock Hours):**

This training is designed to guide teachers and child care providers in implementing math curricular activities and learning into the preschool program .You do not have to have a degree in physics to help young children in your early childhood program learn about math. The rudiments of a math curriculum start with the child and the world around them. This online workshop lesson will guide you in helping children learn about math as they explore and discover and have fun!

**Proud to be a Professional
(3 Clock Hours):**

This training is designed for both child care providers and leaders. Participants will explore the meaning of professionalism while expanding their own growth as a professional. Learn how to influence public perception and make a difference!

**Separation Anxiety
(3 Clock Hours):**

This training is designed for caregivers and childcare providers. Students will learn about the causes of separation anxiety and how to manage both the child's emotions and behavior.

**Toddlers - Terrific or Terrible?
(2 Clock Hours):**

Power struggles, whining, temper tantrums, defiance, clingy, moody and selfish. These words are all used to describe toddlers, but so are the words, eager, affectionate, curious, playful and trusting. Learn why they are a little bit of both!

**Positive Discipline
(5 Clock Hours):**

Participants will learn to identify common misbehaviors and how to prevent them; they will learn the goals and guidelines of positive discipline and design a list of preschool classroom rules. Participants will also be actively involved in applying positive discipline techniques to help guide children and promote safe behavior and self-control.

**Preschool Science
(4 Clock Hours):**

This training is designed to guide teachers and child care providers in implementing science curricular activities and learning into the preschool program. The rudiments of a science curriculum start with the child and the world around them. Learn to help children explore and discover and have fun!

**Recruiting Child Care Staff
(4 Clock Hours):**

This training is designed for child care and early childhood directors. This class covers ways to recruit quality staff members and teachers. THIS IS AN ADVANCED-LEVEL CLASS.

**Social and Emotional Skills
(2 Clock Hours):**

Preparing a child for school success is a lot more than ABCs and 123s. Research now shows that the traditional, academic skills (sometimes known as the three R's) come easier to children who have strong social and emotional skills. Learn concrete ways to promote social and emotional skills that will translate into school success down the line.

**Tranquil Transitions
(3 Clock Hours):**

This training is designed for caregivers and educators of children of all ages. Students will learn how to plan for and manage smoother transition times in the classroom. This course includes many specific ideas for nap time, cleanup time, waiting times and more!

**Potty Training in Child Care
(1 Clock Hour):**

This training class reviews the importance of readiness and gives guidelines for potty training!



**Promoting Family Partnerships
(10 Clock Hours):**

This training is designed for either providers or administrators. This training will help you make real connections and forge valuable partnerships with the families that you serve.

**Reporting Concerns
(3 Clock Hours):**

This training is designed for caregivers and educators and administrators of child care programs or schools. Students will learn how to determine when and how to best approach families when they have a concern about a child's development or behavior and wish to make a referral.

**Taming Temper Tantrums
(6 Clock Hours):**

This training is designed for experienced providers who care for young children. Participants will learn to identify common causes of temper tantrums and how to prevent them. This online class looks at many types of tantrums and how to help children develop self-control.

**Understanding and Responding to Biting
(1 Clock Hour):**

This training will help child care providers learn how to prevent and manage biting.

**Using Books and Stories
(3 Clock Hours):**

This training is designed for both novice and experienced child care providers who care for preschool age children. Participants will learn to use books and literature with young children. Participants will also be actively involved in applying skills in choosing books and reading to young children.

